



Bath board

Purpose

Provides a plastic support surface to place across your bath which enables safe and easy showering in a seated position. Helps when transferring in and out of the bathtub

Features

- Anti-slip friction feet adjust to fit the width of the bathtub, providing sufficient friction to stabilise the bath board, and keep it in place. Rubber will not damage bathtub surface.
- Plastic handle for added support whilst transferring.

Installation

- Provides a plastic support surface to place across your bath which enables safe and easy showering in a seated position. Helps when transferring in and out of the bathtub.
- It is advisable to secure the opposite side first, followed by the side closest to you if appropriate to your bath board.

Maintenance

- Wipe with a mild soap or detergent regularly to keep bath board clean. Holes in the seat allow water to drain quickly so sitting water will not collect.

How to Use

1. Sit on the side of the bathboard that is closest to the edge of the bath with your feet on the bathroom floor.
2. Shift or slide your bottom backwards on the board until you reach the middle
3. Turning slowly, hold onto the handle on the bath board and lift each leg separately over the edge of the bath, then position yourself in the centre of the bath board facing the shower. Remain seated.
4. To exit the bath, reverse the steps above.

Safety and precautions

- Supervision or assistance is recommended for people with limited mobility.
- Make sure the rail is on the wall or non-transfer side of the bath.
- This equipment is for sitting only. Do not stand on this equipment.
- You should only use the equipment in the environment in which it is prescribed.
- 100kg weight limit unless otherwise stated by the manufacturer.

Other comments

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All information contained in this sheet is a guideline for care only, supplied by qualified health professionals.
Acknowledgements to Toowoomba Health Service District, Queensland Health and Gold Coast Health Service District

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