# Mobile Shower Commode - Transit



## Purpose

Assists people who have difficulty walking to and from the shower or toilet as it is an open seat on wheels

#### **Features**

- Chair can be used as commode, shower chair, or elevated toilet seat
- Height adjustable
- Brakes on 2-4 wheels depending on manufacturer
- Swing away arms and moveable footrests make transfers easy
- Transit or self propel options

#### Installation

- Adjust Equipment to the appropriate height by depressing the silver button on the leg and sliding the leg pieces up and down until the button clicks on the appropriate hole. Repeat on all legs
- Ensure all four legs are in contact with the floor to avoid rocking or unsteadiness

#### Maintenance

- The equipment should be checked monthly for signs of rust, cracks, changes in the appearance of the rubber stoppers, or damage/bending in the metal. If any of these are present, stop use and contact the supplier.
- This product should be cleaned regularly with mild detergent unless otherwise stated by the manufacturer

### Safe Usage

- Always ensure brakes are applied before any transfer. You will need to use your foot to push down the lever located at the top of the rear wheels of the commode.
- Swing or slide footrests out of the way and ensure armrests are in mid position.
- Stand with the back of your legs touching the chair. Lower yourself onto the seat using armrests for added support.
- Carer: Propel the chair to shower recess or toilet as desired. Keep chair close to your body. NB: If the commode chair does not fit over the toilet, it can be used in conjunction with a pan (slide the pan onto the brackets under the padded seat).
- When getting out of the commode chair, ensure brakes are applied, footrests are out of the way and front castors face forward.
- Move your bottom forward on the chair so your feet touch the floor. Lean forward and use the armrests to help push up into standing position
- 125g weight limit unless otherwise stated

These instructions are to be used in conjunction with the information that your Health Professional has discussed with you.

