

HERO



Hero Medical Outdoor Lite Walker

USER MANUAL

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Instructions for use

1. UNFOLDING THE SEAT WALKER

Grab both handles, pull outwards until the frame is half-open. Place both hands on each side of the seat and push downwards until you hear a click. *



* Aluminium walkers only

* (For Aluminium walkers please unclip the grey safety clip first to unfold)



2. BRAKE FUNCTIONALITY

To apply the handbrake pull the brake lever up. To engage the parking brake, press the brake lever down until it locks. To disengage the parking brake, pull the brake lever up.



Red button for Carbon Fibre Walker



Grey button for Aluminium Walker

3. ADJUSTING THE HEIGHT

To **increase** the height of the seat walker, press the red or grey button located underneath the handle. Keep pressing the button whilst simultaneously pulling the handle upwards until you reach your desired height. Release the button to lock it in place.

To **decrease** the height, press the red or grey button and push the handle downwards to your desired height.

There are **6 levels** of height adjustment. Repeat process for both handles.



4. ADJUSTING LENGTH OF THE BACKREST

Press the silver clip located near the front of the handle. Keep pressing the button whilst simultaneously pulling the end of the backrest to adjust. There are 4 levels of adjustment.



* Aluminium walkers only

5. ATTACHING AND REMOVING THE CARRY BAG

For Carbon Fibre Walker : To attach the carry bag, insert the loops at the top of the carry bag to the poles located at the front end of the seat. Apply the velcro straps to secure it to the frame. To remove the bag, undo the velcro straps and pull it out from the poles.

For Aluminium Walker : To attach the carry bag, locate the black cap at the front end of the seat. Rotate the cap anti-clockwise until it stops and pull it out. Then, insert the flap located at the top side of the bag into the pole. Put the cap back on and rotate it clockwise to lock it. Follow the same process for both sides.

Safe Work Load for bag is 5kg.



6. FOLDING THE SEAT WALKER

Pull the handle located in the middle of the seat upwards to unlock the frame. Grab both handles and push inwards to fold the seat walker.

* (For Aluminium Walker : Once the walker is folded, clip the grey safety clip onto the seat frame locking the walker in place.)



* Aluminium walkers only

7. CANE HOLDER

Carbon Fibre Walker comes with walking stick holder, which consists of 2 attachments that can be clipped onto the frame. Clip the attachment containing 3 holes, above either back wheels. Then clip the smaller attachment on the same side of the frame below the handle bars.



* (For Aluminium Walker : Cane holder is available as an additional accessory for purchase.)



Carbon Fibre (Standard)

Lightweight & Comfortable

The Hero Medical Outdoor Lite Walker is a lightweight mobility aid built to provide comfort and independence, with an extensive range to suit most needs.

Features

- Ultra lightweight
- Soft and adjustable backrest
- Handy storage bag
- Easy to adjust and assemble
- Large front castors for better maneuverability
- Hand brake comes with an integrated parking brake function



Aluminium (Tall)



Aluminium (Low)

Parts & Accessories List - Carbon Fibre

1. Left Handle Bar	S302212	6. Bag	S302220	Bowden Cable Assembly (Standard)	S302227
Right Handle Bar	S302213	7. Left Front 9.5"Castor with Fork	S302222	(Tall)	S302399
2. Left Brake lever	S302214	Right Front 9.5"Castor with Fork	S302223	Folding Lock	S302221
Right Brake lever	S302215	8. Brake Adjustment Knob	S302400	9.5"Front Castor With Bearings	S302224
3. Backrest Locking Knob	S302217	9. Left Rear 8"Castor with Bearings	S302225	Left Wheel Lock	S302228
4. Backrest	S302216	Right Rear 8"Castor with Bearings	S302226	Right Wheel Lock	S302229
5. Seat	S302218	10. Cane Holder *	S302397	Left Curb Step	S302230
				Right Curb Step	S302231
				Left Handle Grip	S302232
				Right Handle Grip	S302233
				Cross Brace Assembly (Standard)	S302219
				(Tall)	S302398

Parts & Accessories List - Aluminium

1. Left Handle Bar	S302234	8. Brake Adjustment Knob	S302253	Left Wheel Lock	S302251
Right Handle Bar	S302235	9. Left Rear 8"Castor with Bearings	S302247	Right Wheel Lock	S302252
2. Left Brake lever	S302236	Right Rear 8"Castor with Bearings	S302248	Curb Step (Right side only)	S302255
Right Brake lever	S302237	Cross Brace Assemble (Low)	S302241	Left Handle Grip	S302256
3. Backrest Locking Knob	S302239	(Standard)	S302390	Right Handle Grip	S302257
4. Backrest	S302238	(Tall)	S302391	Handle Height Adjustment Braket Set	S302258
5. Seat Assembly	S302240	Folding Lock	S302243	Plastic Hook - Locking clip for seat	S302260
6. Left Front 9.5"Castor with Fork	S302244	9.5"Front Castor With Bearings	S302246		
Right Front 9.5"Castor with Fork	S302245	Brake Cable Assembly (Low)	S302249		
7. Bag	S302242	(Standard)	S302392		
		(Tall)	S302393		

Specifications	SKU/Colour	Frame Material	Product frame weight	Gross weight	(SWL) Safe work load	Overall height (Floor to handles)	Seat height (Floor to handles)	Seat width	Outer width (Including back castors)	Inner width (Between back frames)
Low	■ S301679	Aluminium	6.4kg	7.8kg	136kg	82.5 - 95cm	50.5cm	46cm	60cm	46.5cm
	■ S301676									
Standard	■ S21707	Carbon Fibre	5.7kg	7.1kg	136kg	84.5 - 97cm	52.5cm	45cm	58cm	45.5cm
	■ S301677	Aluminium	6.5kg	7.9kg	136kg	84.5 - 97cm	52.5cm	46cm	60cm	46.5cm
	■ S301674									
	■ S301673	Carbon Fibre	5.9kg	7.3kg	136kg	93.5 - 106cm	60.5cm	45cm	60cm	45.5cm
Tall	■ S301678	Aluminium	6.6kg	8kg	136kg	93.5 - 106cm	60.5cm	46cm	60cm	45.5cm
	■ S301675									



Product Care

The seat walker should be regularly cleaned with a clean damp cloth.

Warranty

Hero Medical Outdoor Lite Walker has a 12month warranty from the date of purchase on structural integrity & workmanship.

- During the warranty period, any parts that have become defective due to faulty workmanship or material will be repaired or replaced without charge by a Hero Medical supplier/dealer.
- The warranty excludes components and parts that are subject to reasonable wear and tear. i.e. plastic parts, castors, handgrips
- The warranty excludes faults due to misuse or user error.
- Unauthorised changes or modifications will forfeit your warranty.
- If a defect or fault is discovered, the Hero Medical supplier/dealer from where the seat walker was purchased should be contacted.

Safety

- Use only as a walking aid.
- Do not exceed the recommended maximum user weight (136kg).
- Use only on even and solid surfaces.
- Apply the parking brake and ensure the seat walker is on even ground before sitting on it.

Hero Medical Outdoor Lite Walker

SPARE PARTS SKU



Carbon Fibre (S21707/ S301673)

S302397	Cane Holder	S302222	Left Fork with 9.5" Castor
S302224	9.5" Front Castor With Bearings L/R	S302232	Left Handle Grip
S302216	Backrest Assembly	S302212	Left Push Handle Bar
S302217	Backrest Locking Knob	S302228	Left Wheel Lock
S302227	Bowden Cable Assembly - Standard	S302226	Right 8" Rear Castor with Bearings
S302399	Bowden Cable Assembly - Tall	S302401	Right Brake Adjustment Knob
S302219	Cross Brace Assembly - Standard	S302215	Right Brake Handle
S302398	Cross Brace Assembly - Tall	S302231	Right Curb Step
S302221	Folding Lock	S302223	Right Fork with 9.5" Castor
S302220	Front Bag - Tote Style	S302233	Right Handle Grip
S302225	Left 8" Rear Castor with Bearings	S302213	Right Push Handle Bar
S302400	Left Brake Adjustment Knob	S302229	Right Wheel Lock
S302214	Left Brake Handle	S302218	Seat Assembly
S302230	Left Curb Step		



Aluminum (S301677/ S301674/ S301677/ S301674/ S301678/ S301675)

S302396	Cane Holder	S302256	Left Handle Grip
S302246	9.5" Front Castor With Bearings L/R	S302258	Left Handle Height Adjustment Bracket Set
S302238	Backrest Assembly	S302234	Left Push Handle Bar
S302239	Backrest Locking Knob	S302251	Left Wheel Lock
S302241	Cross Brace Assembly - Low	S302260	Plastic Hook
S302390	Cross Brace Assembly - Standard	S302248	Right 8" Rear Castor with Bearings
S302391	Cross Brace Assembly - Tall	S302254	Right Brake Adjustment Knob
S302255	Curb Step Right Side Only	S302250	Right Brake Cable Assembly - Low
S302243	Folding Lock	S302394	Right Brake Cable Assembly - Standard
S302242	Front Bag - Tote Style	S302395	Right Brake Cable Assembly - Tall
S302247	Left 8" Rear Castor with Bearings	S302237	Right Brake Handle
S302253	Left Brake Adjustment Knob	S302245	Right Fork with 9.5" Castor
S302249	Left Brake Cable Assembly - Low	S302257	Right Handle Grip
S302392	Left Brake Cable Assembly - Standard	S302259	Right Handle Height Adjustment Bracket Set
S302393	Left Brake Cable Assembly - Tall	S302235	Right Push Handle Bar
S302236	Left Brake Handle	S302252	Right Wheel Lock
S302244	Left Fork with 9.5" Castor	S302240	Seat Assembly